

New York State Adult Day Services Association Inc.

## **ABOUT NYSADSA**

Adult Day Services (ADS) provide non-medical services and programs for Seniors, preventing or delaying costly institutionalization for this growing population. NYSADSA serves as the voice of the social adult day program industry. It is the mission of NYSADSA to provide resources, information, and support to the public and the adult day services industry. We work to ensure the highest standards of quality and responsiveness to the individuals we serve, and our communities' needs.

## **COST SAVINGS**

- Caregiver It is estimated that 95% of the frail elderly in our communities receive at least one type of care from family and unpaid caregivers. In New York State, over 4 million family caregivers provide 80% of long term care and contribute 2.68 billion hours annually at an estimated worth of \$32 billion. In order to meet this need and maintain fiscal constraints, we must place a greater emphasis on adult day care services. Adult Day Programs allow for the caregiver to continue to providing a level of care, which is integral in keepings costs down. In fact, most ADS participants would qualify for nursing home placement if they did not have the family caregiver.
- **Program Participant** If an individual attended an ADS program 365 days per year, with round trip transportation the average cost would be \$40,150 per year. However, if that same individual were institutionalized in a nursing home, based on the daily average cost, the bill would be \$112,292. That difference is over \$72,000. If you multiply this by the number of New York State residents who could be effectively served at this level of care, the savings quickly increases to millions of dollars a year.
- DSRIP Initiative Adult Day Programs also support New York's DSRIP plan, which includes a key
  focus on reducing avoidable hospitalizations. The constant monitoring of our members keeps our
  emergency rooms less crowded, leaving coveted, open beds to properly care for the critically ill.
  Monitoring is one of four key components of an Adult Social Day Program. Providers are uniquely
  equipped with the knowledge, training and tools to monitor program participants closely and
  effectively, resulting in the avoidance of costly emergency room visits.

## NYSADSA opposes the \$28 million in funding cuts to Managed Long Term Care Provider contracts with Social Adult Day Care Programs.

- Though the proposed funding cut seeks to target "poorly performing" social adult day care providers, NYSADSA has yet to receive information on how poorly performing programs were determined, how the \$28 million in cuts will be implemented or how Seniors enrolled in programs that are being cut, will be served. This cut comes as the aging population is significantly growing, and the demand for social adult day programs is greater than ever. In fact, the Governor recently announced funding for affordable senior housing and adult day care center in Irondequoit. We applaud the Governor for recognizing the value of ADS, as well as the growing demand for programs.
  - Additionally, cutting \$28 million in funding will not solve the inherent problem. It is imperative that the State take a more comprehensive approach to how we care for our aging population. NYSADSA urges the Legislature to restore the \$28 million to the budget and develop criteria to fund and reward well-performing programs. Furthermore, we would like the opportunity to work

with MLTC's, the Legislature and the Executive to ensure that State funding supports only quality social adult day programs. NYSADSA has the tools and resources to provide education to MLTC's to assist the State in developing quality indicators and assessments. Social Adult Day programs that are funded by NYSOFA are supervised and highly regulated, and NYSADSA believes they provide a great foundation for shaping the important role of MLTCs in the aging network.

## **NYSADSA opposes the Transportation Carve-Out**

The proposed transportation carve-out will make it more difficult and more costly for older New Yorkers to get to critical medical appointments such as dialysis. The current transportation manager system is working well and moving into a centralized system could result in poor coordination and missed medical appointments. Transportation in rural communities is especially imperative.

Thank you for the opportunity to address these specific concerns and present opportunities where NYSADSA can work with both the Executive and Legislative branches to ensure the needs of our aging population are met while maintaining fiscal constraints.